Ashburton Primary School Newsletter

Putting Children and Learning at the Heart of Everything We Do

September 2025 | Issue #02

This Week in Our School

admin@ashburton-primary.devon.sch.uk | 01364652343

It has been really lovely to have the opportunity to meet lots of you this week in the playground.

Thank you to all our Parents/Carers who came to our Meet the Teacher sessions. These will be added to Class Dojo if you missed them. Our Year 2 and 5 teachers are looking forwards to their sessions next week.

Despite the wet weather this week, we have managed to get outside for lots of fresh air. I am hoping to be able to get back to you with some updates about the playground equipment very shortly!

We had Linden Dance on Thursday and it was just so warming to see the awe and wonder on children's faces as they watched the school performance.

Next week, I will continue to deputise whilst Miss Docking is not at work.

Have a lovely weekend.
Mrs Annette Layland, Deputy Head

Family Support Advisor

Mrs Rosewell is our Family Support Advisor.

If you would like to book a time to meet with her please contact her via phone or email.

email: admin@ashburton-primary.devon.sch.uk

phone: 01364652343







Announcements

Please can I ask that all jumpers are named.

Please can I remind Parents/Carers that parking is not available on Woodland Road. Please do contact admin if you need a carpark permit.

Key Dates

September

15th- Year 4 Meet the Teacher (3.10pm-3.30pm)

16th- Year 6 Meet the Teachers (9.10am-9.30am)

16th- Year 1 Meet the Teacher (3:10pm-3.30pm)

17th- Year 3 Meet the Teachers (10am-10.30am)

18th- Linden Dance to visit school

22nd- Year 5 Meet the Teacher (3.10pm- 3.30pm)

23rd - Apple Day (juice and cakes being sold after school)

23rd- Year 2 Meet the Teacher (3.10pm-3.30pm)

24th - Reception Vision Screening Check

October

17th- Show Racism the Red Card (children invited to wear red)

23rd - Halloween School Disco

(KS1 4.30pm -5.30pm, KS2 5.45pm- 6.45pm)

24th - Non Pupil Day

Half Term 27th – 31st October

November

3rd- Autumn Term 2 begins.

9th - Remembrance Parade

10th - Odd Socks Day

10th- Parents Evening (2pm-6pm)

11th - Parents Evening (3.40pm-5-10pm (not Year 4))

12th - Year 4 Parents Evening (3.40pm-5.10pm)

13th - Reception 2026 Tour (4pm-5pm)

14th- Children in Need

17th-18th - Book Fair

18th Reception Tour 2026 (2pm-3pm)

25th - Flu Vaccinations

27th- Reception 2026 Tour (4pm-5pm)

December

2nd -Reception 2026 Tour (2pm-3pm)

9th -Reception Christmas Show to Parents (times to be confirmed)

11th - Christmas Jumper Day

11th - KS1 Christmas Performance to Parents (2pm-3pm)

11th - KS1 Christmas Performance to parents (5pm-6pm)

16th - Christmas Fair (3pm to 5pm)

16th - Carol Concert (5pm to 6pm)

18th - Last Day of Autumn Term 2

19th -Non Pupil Day

Online Safety

UK Safer Internet Centre

Advice for parents and carers

Games consoles



What risks should I be aware of?

Like any piece of technology, games consoles have both benefits and risks. Many of the risks depend on how a games console is being used and the apps that are installed. For example, if it is being used for chatting as well as gaming, this could introduce a risk of communication with strangers.

- Cyberbullying and harassment from both friends and strangers
- Unwanted contact from others and strangers
- Over-sharing personal information, such as your name, location or images
- Accessing inappropriate content
- Spending too much money
- Excessive screen time
- Behaving inappropriately or unkindly online

Talk with your child about responsible use of their games console

Discuss what is okay and not okay to use it for and look at the possible risks. Tell your child what they should do if something goes wrong while using it. This could be to turn off the screen and tell an adult.

Think about the location of the games console

Will it be in a shared family space or in a bedroom? Think about: setting time limits; reminding your child about the risks of communicating online with people that they do not know; and encouraging them to come to you with any worries.

Explore parental controls

Take a look at the controls available both on the games console itself and on your home Wi-Fi. Talk these through with your child too. Parental controls are a helpful tool, but an open conversation with your child is the most important thing.

TALK PANTS AND STAY SAFE, LIKE PANTOSAURUS

P PRIVATES ARE PRIVATE

A ALWAYS REMEMBER YOUR BODY BELONGS TO YOU

N NO MEANS NO

T TALK ABOUT SECRETS THAT UPSET YOU

S SPEAK UP, SOMEONE CAN HELP



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE

P PRIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.

A ALWAYS REMEMBER YOUR BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.

N NO MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.

T TALK ABOUT SECRETS THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.

S SPEAK UP, SOMEONE CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on **0800 1111** and someone will always be there to listen.

Remember all of these rules and they'll help you stay safe, just like Pantosaurus



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DANGEROUS DADS

Totnes

Dangerous Dads



A group with regular, fun activities for fathers and male carers of children of any age.

2 Westonfields
Totnes
Devon
TQ9 5QT
Visit website
Ian Blackwell
ianw.blackwell@btinternet.com
07731795160



Pre-Loved Uniform

We have a range of pre-loved uniform for sale for 50p an item.
This can be located just inside the playground double doors.

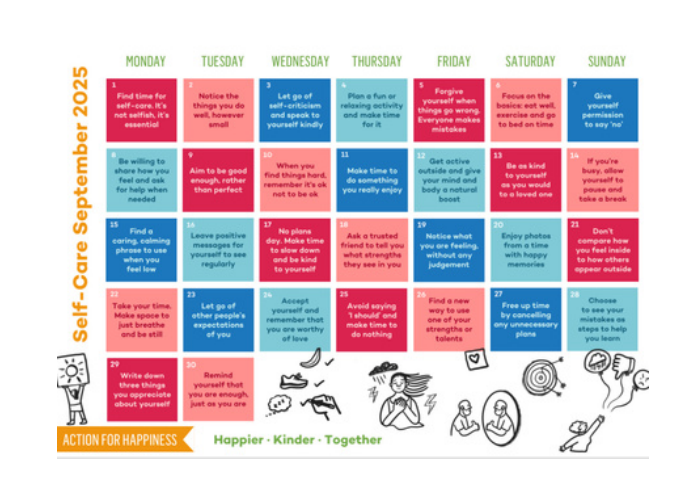


ASHBURTON COMMUNITY FRIDGE

- Free to all residents
- Open 24/7
- Located behind the Town Hall by the Information Centre

Self-Care September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'
8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break
15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 No plans day. Make time to slow down and be kind to yourself	18 Ask a trusted friend to tell you what strengths they see in you	19 Notice what you are feeling, without any judgement	20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside
22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Avoid saying 'I should' and make time to do nothing	26 Find a new way to use one of your strengths or talents	27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn
29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are					



ACTION FOR HAPPINESS

Happier · Kinder · Together

Ashburton Primary School

Putting Children and Learning at the Heart of Everything We Do.

Is your child starting school in September 2026?

We would love to welcome you to Ashburton Primary School and give you the opportunity to see what makes our school a special place to learn and grow!

13th November 4pm to 5pm
27th November 4pm to 5pm
2nd December 2pm to 3pm

Contact us via admin@ashburton-primary.devon.sch.uk or 01364652343 and a member of staff will be happy to book your tour.







Inspire-Believe-Discover-Achieve-Belong



Better Housing Better Health
https://www.bhbh.org.uk/

Better Housing Better Health (BHBH) is a not-for-profit service run by the National Energy Foundation, working to help residents living in or at risk of living in fuel poverty to access advice and support.

They are a service that is free of charge and open to all residents experiencing issues with keeping warm at home.

As part of their service, they have a helpline that's free to call where their team can give valuable tips on how to stay warm at home, sign up those in need of additional support to the Priority Services Register and access grants for energy efficiency measures. We understand the physical and mental effects of living in a cold home, and we feel it is more important than ever to ensure everyone is living in a warm and happy household.